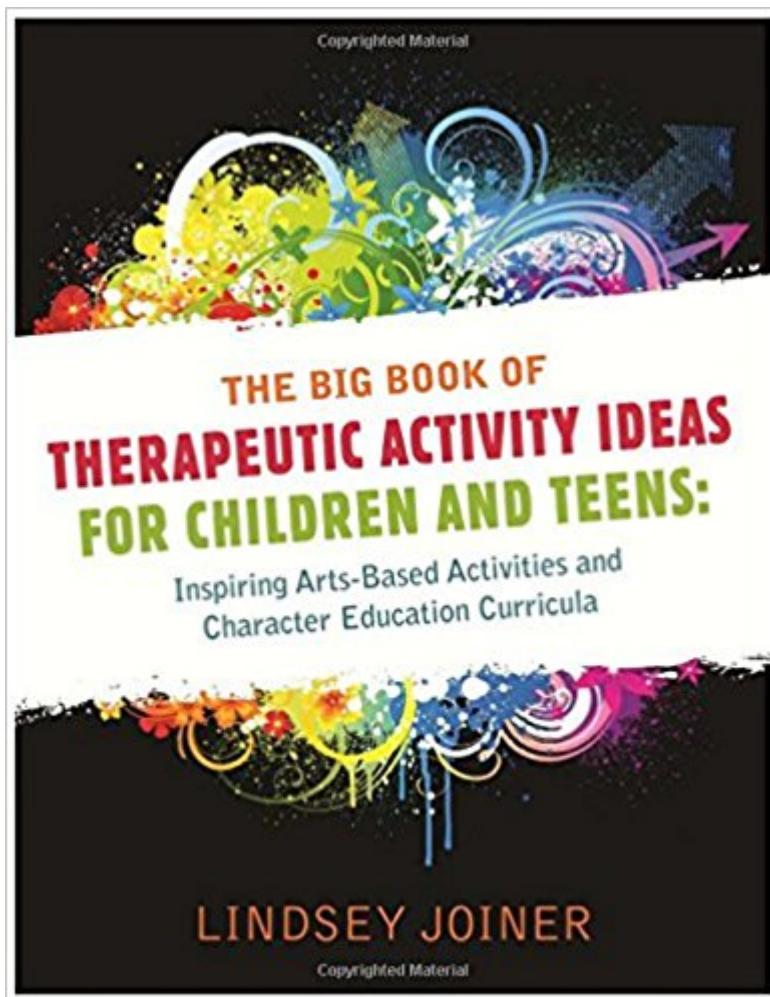


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# The Big Book Of Therapeutic Activity Ideas For Children And Teens: Inspiring Arts-Based Activities And Character Education Curricula



## **Synopsis**

For difficult or challenging children and teenagers in therapeutic or school settings, creative activities can be an excellent way of increasing enjoyment and boosting motivation, making the sessions more rewarding and successful for everyone involved. This resource provides over one hundred tried-and-tested fun and imaginative therapeutic activities and ideas to unleash the creativity of children and teenagers aged 5+. Employing a variety of expressive arts including art, music, stories, poetry and film, the activities are designed to teach social skills development, anger control strategies, conflict resolution and thinking skills. Also included are character education activities and ideas for conducting therapeutic day camps, including sample schedules and handouts. The activities can be used in many different settings with all ages, are flexible, and can be adapted for use with individuals or groups. Brimming with imaginative ideas, this resource will be invaluable to anyone working with children and teenagers, including school counselors, social workers, therapists, psychologists and teachers.

## **Book Information**

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## **Customer Reviews**

'Joiner's book is an invaluable asset for anyone striving to teach emotional intelligence, whether in a counseling, educational or camp setting. Her upbeat approach and clear objectives for each activity make the work widely accessible and engaging. This volume will prove to be a well-worn companion for those who love to work with children.' -- Suzanne Darley PhD, co-author of *The Expressive Arts Activity Book*

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creative activities can be an excellent way of increasing enjoyment and boosting motivation, making the sessions more rewarding and successful for everyone involved. This resource provides over one hundred tried-and-tested fun and imaginative therapeutic activities and ideas to unleash the creativity of children and teenagers aged 5+. Employing a variety of expressive arts including art, music, stories, poetry and film, the activities are designed to teach social skills development, anger control strategies, conflict resolution and thinking skills. Also included are character education activities and ideas for conducting therapeutic day camps, including sample schedules and handouts. The activities can be used in many different settings with all ages, are flexible, and can be adapted for use with individuals or groups. Brimming with imaginative ideas, this resource will be invaluable to anyone working with children and teenagers, including school counselors, social workers, therapists, psychologists and teachers.

Many kinds of reader would benefit from reading this book. It is well written and, although it is specifically targeted at therapists and teachers seeking to develop young people's emotional intelligence, it is full of practical applications designed for use by special needs teachers as well as teachers and instructors responsible for promoting wellbeing. (Special Children) Joiner's book is an invaluable asset for anyone striving to teach emotional intelligence, whether in a counseling, educational or camp setting. Her upbeat approach and clear objectives for each activity make the work widely accessible and engaging. This volume will prove to be a well-worn companion for those who love to work with children. (Suzanne Darley PhD, co-author of The Expressive Arts Activity Book) The Big Book of Therapeutic Activity Ideas has been valuable in helping to plan creative and motivating activities and is a wonderful resource for professionals seeking to integrate creative art-based interventions. (Young Minds)

I am an Art Therapist and this book is chuck full of great ideas. I modify some but many are ready to go and work very well with my patients.

I was hoping to get more activities pertaining to my line of work as a mental health counselor, but many are geared towards group activities for camp or child care/teams etc.

Has some great ideas . and awesome ways to adapt the activity to different ages, numbers of children, etc. I love that the book tells you specifics such as the therapeutic use for the activity, and how to use it. Definitely would recommend. Also, most of the supplies needed are not costly and

may already be in your office!

I am giving this book 3 stars because the book is good and is filled with many wonderful ideas and activities. However, I am an LCSW that does individual work with children and teens. There were not many things that could be done with individuals. It is mostly group work.

I love how this book is organized from the table of contents to the index of purposes of activities. Each activity is outlined clearly, including materials, and the author included suggestions for variations on each activity. This book will save me a lot of time searching different places for art-and activity-based lessons.

This is one of the best books for working with kids of all ages; I've used these ideas for family therapy as well as individuals; good book for beginning therapists to use as well.

There are a lot more group-type activities in this book than what I was hoping for. I work one-on-one mostly and there are only a few activities that I could use.

full of helpful information for school counselors and mental health counselors. it gives different activities for different levels and lots of new ideas

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